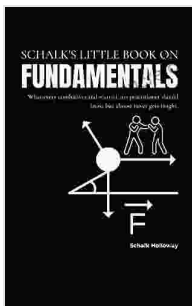


What Every Combatives and Martial Arts Practitioner Should Know (But Almost Never Does)

In the world of combatives and martial arts, there are a lot of things that practitioners learn. They learn how to punch, kick, grapple, and defend themselves against a variety of attacks. However, there are also a number of important things that many practitioners never learn. These are things that can make a big difference in a real-world self-defense situation.



Schalk's Little Book on Fundamentals: What every combatives and martial arts practitioner should know but almost never gets taught. (Schalk's Little Book Series) by Schalk Holloway

★★★★☆ 4.7 out of 5

Language : English
File size : 1380 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 46 pages
Lending : Enabled



In this article, we will explore some of the most important things that every combatives and martial arts practitioner should know but almost never does. These include topics such as the importance of situational

awareness, the use of improvised weapons, and the legal implications of using force.

Situational Awareness

Situational awareness is the ability to be aware of your surroundings and potential threats. It is a critical skill for any combatives or martial arts practitioner, as it can help you to avoid dangerous situations and to respond appropriately to threats.

There are a number of things that you can do to improve your situational awareness. First, pay attention to your surroundings. Notice the people around you, as well as the environment. Look for anything that seems out of place or suspicious. Second, listen to your gut instincts. If something feels wrong, it probably is. Trust your instincts and get out of the situation.

Finally, be aware of your own body language. Avoid making yourself a target by appearing vulnerable or distracted. Stand up straight, make eye contact, and walk with confidence. By being aware of your surroundings and your own body language, you can help to deter attackers and avoid dangerous situations.

Improvised Weapons

In a real-world self-defense situation, you may not have access to a traditional weapon. However, there are a number of everyday objects that can be used as improvised weapons. These include items such as keys, pens, umbrellas, and even your own clothing.

Knowing how to use improvised weapons can give you a significant advantage in a self-defense situation. However, it is important to remember

that improvised weapons can also be dangerous. Always use caution when using improvised weapons, and only use them when you are in imminent danger.

There are a number of resources available to help you learn how to use improvised weapons. You can find books, videos, and online courses on this topic. You can also take a class at a local self-defense school.

Legal Implications of Using Force

Using force in self-defense is a serious matter. Before you use force, you need to be aware of the legal implications. In most jurisdictions, you are only justified in using force if you are in imminent danger of being harmed.

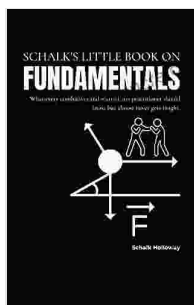
The amount of force that you can use is also limited. You can only use as much force as is necessary to protect yourself. If you use excessive force, you could be charged with a crime.

It is important to remember that the laws governing self-defense vary from jurisdiction to jurisdiction. Before you use force in self-defense, it is important to familiarize yourself with the laws in your area.

The things that we have discussed in this article are just a few of the many things that every combatives and martial arts practitioner should know. By learning these things, you can improve your self-defense skills and protect yourself from harm.

Remember, the best way to avoid a violent confrontation is to be aware of your surroundings and to avoid dangerous situations. However, if you are

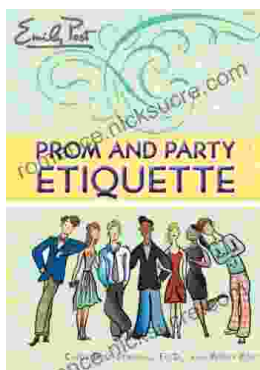
ever attacked, it is important to know how to defend yourself. The things that you learn in this article can help you to do just that.



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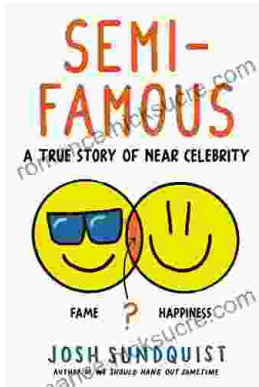
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