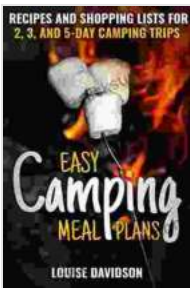


# Recipes and Shopping Lists for One-Day Camping Trips: Camp Cooking Made Easy

One-day camping trips are a great way to get away from the hustle and bustle of everyday life and enjoy the peace and quiet of nature. But one of the challenges of camping is figuring out what to cook. That's where this article comes in. I'm going to share some easy and delicious recipes and shopping lists that will make your camp cooking a breeze.



## Easy Camping Meal Plans: Recipes and Shopping Lists for 2, 3 or 5-Day Camping Trips (Camp Cooking)

by Louise Davidson

★★★★☆ 4.3 out of 5

Language : English  
File size : 5552 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 216 pages  
Lending : Enabled



### Breakfast

Breakfast is the most important meal of the day, especially when you're camping. You need to start your day with a hearty meal that will give you the energy you need to hike, swim, or explore.

### Campfire Oatmeal

- 1 cup rolled oats
- 2 cups water or milk
- 1/4 cup sugar (optional)
- 1/4 teaspoon salt
- Toppings of your choice (e.g., fruit, nuts, chocolate chips)

Instructions:

1. Combine the oats, water or milk, sugar, and salt in a pot.
2. Bring to a boil over the campfire.
3. Reduce heat to low and simmer for 5 minutes, or until the oats are cooked through.
4. Remove from the heat and stir in your desired toppings.



## **Breakfast Burritos**

- 12 flour tortillas
- 12 eggs
- 1 pound breakfast sausage
- 1/2 cup chopped green peppers
- 1/2 cup chopped onions
- 1 cup shredded cheese

### Instructions:

1. Cook the sausage in a skillet over the campfire.
2. Add the green peppers and onions and cook until softened.
3. Scramble the eggs in a separate skillet.
4. Place a tortilla on a plate.
5. Add a scoop of eggs, sausage, and cheese to the center of the tortilla.
6. Fold the tortilla in half and then roll it up.
7. Repeat with the remaining tortillas.

## **Lunch**

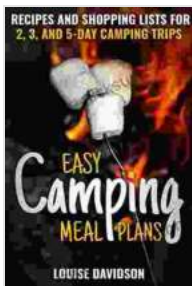
Lunch is a chance to refuel after a morning of activities. You want to eat something that will give you the energy you need to keep going, but you don't want to be weighed down.

## **Campfire Nachos**

- 1 bag tortilla chips
- 1 pound ground beef
- 1 cup shredded cheese
- Toppings of your choice (e.g., beans, salsa, sour cream)

#### Instructions:

1. Cook the ground beef in a skillet over the campfire.
2. Spread the tortilla chips on a large piece of foil.
3. Top the tortilla chips with the ground beef, cheese, and your desired toppings.
4. Fold up the foil and place it on the campfire.



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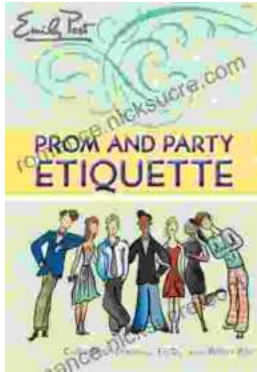
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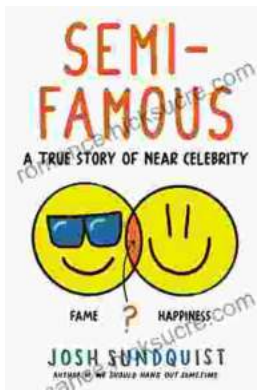
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